



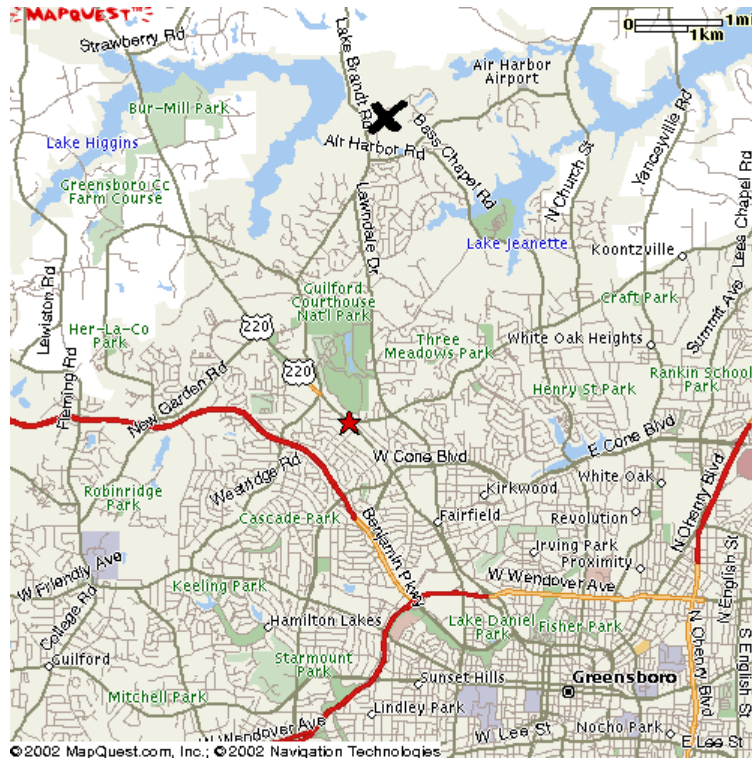
Reedy Frok Trail

Trail Review:

Reedy Fork Trail is 4 miles of semi-technical one-way wooded single-track (Difficulty 3)

Directions:

From Fayetteville take Bragg Blvd. through Spring Lake and stay left on 87 heading toward Sanford. Once you reach Sanford go left on 421 heading North. Stay on 421 all the way to I-40/85. Once you reach I-40 go left and then continue until you see 220. Go right on 220 and continue North. 220 will become Battleground Blvd. Continue on for about 5 miles, then take Lawndale Drive exit (right fork). You will continue on Lawndale for 2.5 miles, this will turn into Lake Brandt Road for approx. 1.5 miles. You will see a pumping station and Lake Higgins Dam, the Reedy Fork Trail entrance will be immediately on your right.



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